

Cote	Auteur	Titre	Edition	Année d'édition	Notes	Isbn	Nbr de pages	Langue	mots clés	Exemplaires
E.001	Marsha M. Linehan	This One Moment : Skills for Everyday Mindfulness	Behavioral Tech	2005	Therapist Guide05/01/2017	1-933464-03-8		Anglais	mindfulness	DVD
E.002	Marsha M. Linehan	From Suffering to Freedom. Practicing Reality Acceptance	Behavioral Tech	2005	From Chaos to Freedom.	1-933464-02-X		Anglais		DVD
E.003 -1-	Marsha M. Linehan	Getting Through A Crisis Without Making It Worse. Crisis Survival Skills : Part One. Distracting And Self-Soothing	Behavioral Tech	2005	Second Edition. Workbook. From Suffering to Freedom	1-933464-00-3		Anglais		DVD
E.003 -2-	Marsha M. Linehan	Getting Through A Crisis Without Making It Worse. Crisis Survival Skills : Part Two. Improving the moment and pros & cons	Behavioral Tech	2005	From Chaos to Freedom. Second Edition. Workbook	1-933464-01-1		Anglais		DVD
E.004	Shari Manning, Tony DuBose	DBT at a Glance: An Introduction to Dialectical Behavior Therapy	Behavioral Tech	2010	Practical Guide	1-933464-13-5		Anglais	, Dialectical Behavior Therapy	DVD
E.005	Suzanne Witterholt, Shari Manning	DBT at a Glance: The Role of the Psychiatrist on the DBT Team	Behavioral Tech	2010	Practical Guide	1-933464-14-3		Anglais	, Dialectical Behavior Therapy	DVD
E.006	Russell A. Barkley	Managing the defiant child. A guide to parent training.	Guilford Publications	1997	Workbook	978-1-59385-420-1		Anglais	Parent training, defiant child	DVD
E.007	Marsha M. Linehan	Opposite Action: Changing Emotions You Want To Change. Dialectical Behavior Theray Skills Training Video	Behavioral Tech	2007		1-933464-08-9		Anglais		DVD
E.008	Marsha M. Linehan	Getting a New Client Connected to DBT. Four-Session Unscripted Role-Play	Behavioral Tech	2003-2009	Therapist Guide	1-933464-10-0	4 DVD incl	Anglais		DVD
E.009	Russell A. Barkley	ADHD. What Can We Do?	Guilford Publications	1993	A Practitioners' Manual	978-1-59385-425-6		Anglais	ADHD	DVD
E.010	Ronald M. Rapee	Fight or Flight? Overcoming Panic and Agoraphobia	Guilford Publications	1998	Second Edition. Therapist Guide	978-1-59385-388-4		Anglais	Phobia and Panic	DVD
E.011	Francine Shapiro	EMDR. A Closer Look.	Guilford Publications	1998	Second edition.	978-1-59385-390-7		Anglais	EMDR	DVD
E.012	Ronald M. Rapee	I think they think... Overcoming Social Phobia	Guilford Publications	1998	Therapist Guide	978-1-59385-387-7		Anglais	Phobia and Panic	DVD
L.001	Russ Harris. Foreword Steven C. Hayes	ACT made simple. An Easy-to-Read Primer on Acceptance and Commitment Therapy.	New Harbinger Publications	2009	5ème édition, ensemble d'articles.	978-1-57224-705-5	264 p.	Anglais	ACT	
L.002	Darrah Westrup	Advanced Acceptance & Commitment Therapy. The Experienced Practitioner's Guide to Optimizing Delivery.	New Harbinger Publications	2014	A Treatment Manual.	978-1-60882-649-0	254 p.	Anglais	ACT	
L.003	Russ Harris.	Getting unstuck in ACT. A Clinician's Guide to Overcoming Common Obstacles in Acceptance and Commitment Therapy	New Harbinger Publications	2013	Therapist Guide	978-1-60882-805-0	178 p.	Anglais	ACT	
L.004	Jull A. Stoddard, Niloofer Afari. Foreword Steven C. Hayes	The Big Book of ACT Metaphors. A Practitioner's Guide to Experiential Exercises & Metaphors in Acceptance & Commitment Therapy.	New Harbinger Publications	2014		978-1-60882-529-5	228 p.	Anglais	ACT	
L.005	Debra A. Hope, Richard G. Heimberg, Cynthia L. Turk	Managing Social Anxiety. A Cognitive-Behavior Therapy Approach. Therapist Guide	Oxford University Press	2010	Workbook	978-0-19-533668-9	218 p.	Anglais	Anxiety	
L.006	Debra A. Hope, Richard G. Heimberg, Cynthia L. Turk	Managing Social Anxiety. A Cognitive-Behavior Therapy Approach. Workbook	Oxford University Press	2007	Second edition.	978-0-19-533669-6	239 p.	Anglais	Anxiety	
L.007	Laurence Mynors-Wallis	Problem-solving treatment for anxiety and depression. A practical guide.	Oxford University Press	2005		978-0-19-852842-5	199 p.	Anglais	Anxiety, depression	
L.008	Michelle G. Craske, David H. Barlow	Mastery of your Anxiety and Panic - Therapist Guide	Oxford University Press	2007	Fourth edition.	978-0-19-531134-1	122 p.	Anglais	Anxiety & Panic	
L.009	Michelle G. Craske, David H. Barlow	Mastery of your Anxiety and Panic. Workbook	Oxford University Press	2007	Fourth edition.	978-0-19-531140-2	195 p.	Anglais	Anxiety & Panic	
L.010	Michelle G. Craske, David H. Barlow	Mastery of your Anxiety and Panic. Workbook for Primary Care Setting	Oxford University Press	2007	Fourth edition.	978-0-19-531135-8	212 p.	Anglais	Anxiety & Panic	
L.011	Michelle G. Craske, David H. Barlow	Mastery of your Anxiety and Worry - Therapist Guide	Oxford University Press	2007	Second edition.	978-0-19-530001-7	154 p.	Anglais	Anxiety & worry	
L.012	Richard E. Zinbarg, Michelle G. Craske, David H. Barlow	Mastery of Your Anxiety and Worry. Workbook	Oxford University Press	2006	Second edition.	978-0-19-530002-4	173 p.	Anglais	Anxiety & worry	
L.013	Richard Stott, Warren Mansell, Paul Salkovskis, Anna Lavender, Sam Cartwright-Hatton	Oxford Guide to Metaphors in CBT. Building Cognitive Bridges.	Oxford University Press	2010		978-0-19-920749-7	249 p.	Anglais	CBT	
L.014	Martina Mueller, Helen Kennerley, Freda McManus, David Westbrook	Oxford Guide to Surviving as a CBT Therapist	Oxford University Press	2010		978-0-19-956130-8	488 p.	Anglais	CBT	
L.015	Ann Hackmann, James Bennett-Levy, Emily A. Holmes	Oxford Guide to Imagery in Cognitive Therapy.	Oxford University Press	2011		978-0-19-923402-8	233 p.	Anglais	cognitive therapy	
L.016	Alice Medalia, Christopher R. Bowie	Cognitive Remediation to Improve Functional Outcomes.	Oxford University Press	2016	Guide	978-0-19-939522-4	212 p.	Anglais	Cognitive Remediation	
L.017	Alice Medalia, Nadine Revheim, Tiffany Herlands	Cognitive Remediation for Psychological Disorders	Oxford University Press	2009	Guide	978-0-19-538371-3	164 p.	Anglais	Cognitive Remediation	
L.018	Gary P. Brown, David A. Clark, i.a.	Assessment in cognitive therapy.	The Guilford Press	2015	Ensemble d'articles.	978-1-4625-1812-8	366 p.	Anglais		
L.019	James Bennett-Levy, Gillian Butler, Melanie Fennell, Ann Hackmann, Martina Mueller, David Westbrook	Oxford Guide to Behavioural Experiments in Cognitive Therapy	Oxford University Press	2004		978-0-19-852916-3	461 p.	Anglais	cognitive therapy	
L.020	Martin M. Antony, Michelle G. Craske, David H. Barlow	Mastering your fears and phobias. Therapist Guide.	Oxford University Press	2006	Workbook	978-0-19-518918-6	189 p.	Anglais	Phobia and Panic	
L.021	Michelle G. Craske, David H. Barlow	Mastering your fears and phobias. Workbook	Oxford University Press	2006	second edition	978-0-19-518917-9	161 p.	Anglais	Phobia and Panic	
L.022	Edna B. Foa, Sudie E. Back, Therese K. Killeen, et al.	Concurrent Treatment of PTSD and Substance Use Disorders Using Prolonged Exposure (COPE). Therapist Guide	Oxford University Press	2015	Handbook	978-0-19-933451-3	175 p.	Anglais	PTSD	
L.023	Sudie E. Back, Edna B. Foa, Therese K. Killeen, Maree Teesson, Bonnie Dansky Cotton, Kathleen M. Carroll, Kathleen T. Brady	Concurrent Treatment of PTSD and Substance Use Disorders Using Prolonged Exposure (COPE). Patient Workbook	Oxford University Press	2015	Patient Workbook	978-0-19-933453-7	233 p.	Anglais	PTSD	
L.024	Edward J. Hickling, Edward B. Blanchard	Overcoming the Trauma of your Motor Vehicle Accident, A Cognitive-Behavioral Treatment Program. Therapist Guide	Oxford University Press	2006		978-0-19-530606-4	92 p.	Anglais	PTSD	
L.025	Edward J. Hickling, Edward B. Blanchard	Overcoming the Trauma of your Motor Vehicle Accident, A Cognitive-Behavioral Treatment Program	Oxford University Press	2006		978-0-19-530607-1	110 p.	Anglais	PTSD	

Cote	Auteur	Titre	Edition	Année d'édition	Notes	Isbn	Nbr de pages	Langue	mots clés	Exemplaires
L.026	Barbara Olasov Rothbaum, Edna B. Foa, Elizabeth A. Hembree	Prolonged Exposure Therapy for PTSD, Emotional Processing of Traumatic Experiences	Oxford University Press	2007		978-0-19-530850-1	146 p.	Anglais	PTSD	
L.027	Barbara Olasov Rothbaum, Edna B. Foa	Reclaiming your life after Rape, Cognitive Behavioral Therapy for Posttraumatic Stress Disorder	Oxford University Press	1998		978-0-19-518376-4	148 p.	Anglais	PTSD	
L.028	Barbara Olasov Rothbaum, Edna B. Foa, Elizabeth A. Hembree	Reclaiming your life from a traumatic Experience	Oxford University Press	2007		978-0-19-530848-8	78 p.	Anglais	PTSD	
L.029	Edna B. Foa, Elna Yadin, Tracey K. Lichner	Exposure and Response (Ritual) Prevention for Obsessive-Compulsive Disorder	Oxford University Press	2012	Second Edition. Therapist Guide	978-0-19-533528-6	182 p.	Anglais	obsessive compulsive disorder	
L.030	Stanley Rachman	Fear of Contamination. Assessment and Treatment.	Oxford University Press	2006	Second Edition. Therapist Guide	978-0-19-929693-4	200 p.	Anglais	obsessive compulsive disorder	
L.031	Stanley Rachman	The Treatment of Obsessions	Oxford University Press	2003		978-0-19-851537-1	162 p.	Anglais	obsessive compulsive disorder	
L.032	Edna B. Foa, Elna Yadin, Tracey K. Lichner	Treating your OCD with Exposure and Response (Ritual) Prevention	Oxford University Press	2012		978-0-19-533529-3	56 p.	Anglais	obsessive compulsive disorder	
L.033	Gail Steketee, Randy O. Frost	Treatment for Hoarding Disorder	Oxford University Press	2014		978-0-19-933496-4	262 p.	Anglais	obsessive compulsive disorder	
L.034	Gail Steketee, Randy O. Frost	Treatment for Hoarding Disorder	Oxford University Press	2014		978-0-19-933494-0	189 p.	Anglais	obsessive compulsive disorder	
L.035	Jordana Muroff, Patty Underwood, Gail Steketee	Group Treatment for Hoarding Disorder	Oxford University Press	2014	Therapist Guide	978-0-19-934096-5	364 p.	Anglais	obsessive compulsive disorder	
L.036	Frank Larøi, André Aleman	Hallucinations. A Guide to Treatment and Management.	Oxford University Press	2010	Therapist Guide	978-0-19-954859-0	406 p.	Anglais		
L.037	Myrna M. Weissman	Mastering Depression Through Interpersonal Psychotherapy	Oxford University Press	1995		978-0-19-518848-6	21 p.	Anglais	Depression	
L.037- B	Myrna M. Weissman	Mastering Depression Through Interpersonal Psychotherapy. Workbook.	Oxford University Press	1995		978-0-19-518847-9	78 p.	Anglais	Depression	2
L.038	Jack D. Edinger, Colleen E. Carney	Overcoming Insomnia. A Cognitive-Behavioral Therapy Approach.	Oxford University Press	2015		978-0-19-933940-2	87 p.	Anglais	Insomnia, CBT	
L.039	Jack D. Edinger, Colleen E. Carney	Overcoming Insomnia. A Cognitive-Behavioral Therapy Approach.	Oxford University Press	2015		978-0-19-933938-9	141 p.	Anglais	Insomnia, CBT	
L.040	Martin Brüne	Textbook of Evolutionary Psychiatry. The origins of Psychopathology.	Oxford University Press	2010		978-0-19-920768-8	385 p.	Anglais		
L.041	Michael Oddy, Andrew Worthington	The Rehabilitation of Executive Disorders. A guide to theory and practice	Oxford University Press	2009		978-0-19-856805-6	363 p.	Anglais		
L.042	W. Stewart Agras, Robin F. Apple	Overcoming Eating Disorders, A cognitive-Behavioral Therapy Approach for Bulimia Nervosa and Binge-Eating Disorder. Therapist Guide.	Oxford University Press	2012		978-0-19-531169-3	134 p.	Anglais	Eating Disorder	
L.043	W. Stewart Agras, Robin F. Apple	Overcoming Eating Disorders, A cognitive-Behavioral Therapy Approach for Bulimia Nervosa and Binge-Eating Disorder. Workbook.	Oxford University Press	2012		978-0-19-531168-6	200 p.	Anglais	Eating Disorder	
L.044	W. Stewart Agras, Robin F. Apple	Overcoming Eating Disorders, A cognitive-Behavioral Therapy Approach for Bulimia Nervosa and Binge-Eating Disorder. Guided Self-Help Workbook.	Oxford University Press	2012		978-0195334562	100 p.	Anglais	Eating Disorder	
L.045	Christopher G. Fairburn	Cognitive Behavior Therapy and Eating Disorders.	The Guilford Press	2008	Guide	978-1-59385-709-7	324 p.	Anglais	obsessive compulsive disorder	
L.046	Stephen A. Wonderlich, Carol B. Peterson, Tracy Leone Smith with Marjorie H. Klein, James E. Mitchell, Scott J. Crow	Integrative Cognitive-Affective Therapy for Bulimia Nervosa. A Treatment Manual.	The Guilford Press	2015	Third edition.	978-1-4625-2199-9	242 p.	Anglais		
L.047	Giancarlo Dimaggio, Paul H. Lysaker (Dir.)	Metacognition and Severe Adult Mental Disorders. From Research to Treatment.	Routledge	2010		978-0-415-48423-7	321 p.	Anglais		
L.048	Brandon K. Schultz, Steven W. Evans	A Practical Guide to Implementing School-Based Interventions for Adolescents with ADHD	Springer	2015	2014	978-1-4939-2676-3	208 p.	Anglais	ADHD, Adolescents, Teen age, school. TDAH	
L.049	Matthias Berking, Brian Whitley	Affect Regulation Training. A Practitioners' Manual	Springer	2014	Booklet	978-1-4939-1021-2	250 p.	Anglais		
L.050	Thomas P. Gullotta, Robert W. Plant, Melanie A. Evans	Handbook of Adolescent Behavioral Problems, Evidence-Based Approaches to Prevention and Treatment	Springer	2015	Therapist Guide	978-1-4899-7674-1	697 p.	Anglais	Adolescent behavioral problem	
L.051	John P. Wincze, Michael P. Carey	Sexual Dysfunction. A Guide for Assessment and Treatment.	The Guilford Press	2001		978-1-57230-540-3	226 p.	Anglais	Sex Therapy	
L.052	Yitzchak M. Binik, Kathryn S.K.Hall i.a.	Principles and Practive of Sex Therapy.	The Guilford Press	2014		978-1-4625-1367-3	576 p.	Anglais	Sex Therapy	
L.053	Marsha M. Linehan	DBT Skills Training. Handouts and Worksheets	The Guilford Press	2015		978-1-57230-781-0	422 p.	Anglais	DBT, Dialectical Behavior Therapy	
L.054	Marsha M. Linehan	DBT Skills Training. Manual.	The Guilford Press	2015	Program Manual	978-1-4625-1699-5	504 p.	Anglais	DBT, Dialectical Behavior Therapy	
L.055	David A. Clark, Aaron T. Beck	The Anxiety & Worry Workbook	The Guilford Press	2012		978-1-60623-918-6	294 p.	Anglais	Anxiety & worry	
L.056	Monica Ramirez Basco	The Bipolar Workbook. Tools for Controlling Your Mood Swings.	The Guilford Press	2015		978-1-4625-2023-7	236 p.	Anglais	Bipolar	
L.057	David J. Miklowitz	Bipolar Disorder. A Family-Focused Treatment Approach.	The Guilford Press	2010	Ensemble d'articles.	978-1-60623-645-1	348 p.	Anglais	Borderline Personality Disorder	
L.058	Marsha M. Linehan	Cognitive-Behavioral Treatment of Borderline Personality Disorder	The Guilford Press	1993	Guided Self-Help Workbook	978-0-89862-183-9	558 p.	Anglais	cognitive therapy	
L.059	Steven C. Hayes, Kirk D. Strosahl, Kelly G. Wilson.	Acceptance and Commitment Therapy. The Process and Practice of Mindful Change.	The Guilford Press	2012	2ème édition	978-1-60918-962-4	402 p.	Anglais	ACT, Mindful change	
L.060	John Teasdale, Mark Williams, Zindel Segal. Foreword by Jon Kabat-Zinn	The Mindful Way Workbook. An 8-Week Program to Free Yourself from Depression and Emotional Distress.	The Guilford Press	2014		978-1-4625-0814-3	228 p.	Anglais	Mindfulness, depression	
L.061	Thilo Deckersbach, Britta Hölzel, Lori Eisner, Sara W. Lazar, I.a.	Mindfulness-Based Cognitive Therapy for Bipolar Disorder.	The Guilford Press	2014		978-1-4625-1406-9	340 p.	Anglais	mindfulness, cognitive therapy, Bipolar	
L.062	Debra E. Burdick	Mindfulness Skills Workbook for Clinicians & Clients. 111 Tools, Techniques, Activities & Worksheets.	PESI Publishing & Media	2013		978-1-93612-845-7	218 p.	Anglais	mindfulness	
L.063	Mark S. Schwartz, Frank Andrasik (dir.)	Biofeedback. A practitioner's guide.	The Guilford Press	2003	Ensemble d'articles.	978-1-59385-233-7	930 p.	Anglais		
L.064	Judith S. Beck. Foreword Aaron T. Beck	Cognitive Therapy for Challenging Problems. What to do when the basis don't work.	The Guilford Press	2011	Guide	978-1-60918-990-7	324 p.	Anglais		

Cote	Auteur	Titre	Edition	Année d'édition	Notes	Isbn	Nbr de pages	Langue	mots clés	Exemplaires
L.065	Wayne W. Fisher, Cathleen C. Piazza, Henry S. Roane	Handbook of Applied Behavior Analysis.	The Guilford Press	2011	Therapist Guide	978-1-4625-1338-3	544 p.	Anglais		
L.066	David A. Clark i.a.	Intrusive thoughts in clinical disorders, theory, research and treatment.	The Guilford Press	2014	Workbook	1-59385-083-2	255 p.	Anglais		
L.067	Scott T. Meier	Measuring Change in Counseling and Psychotherapy.	The Guilford Press	2008		978-1-59385-720-2	303 p.	Anglais		
L.068	Michael A. Tompkins	Using Homework in Psychotherapy. Strategies, Guidelines and Forms.	The Guilford Press	2004		1-59385-049-2	286 p.	Anglais		
L.069	W.Paul Vogt, Dianne C. Gardner, Lynne M. Haeffele, i.a.	When to use what research design.	The Guilford Press	2012		978-1-4625-0353-7	378 p.	Anglais		
L.070	Adrian Wells	Emotional Disorders and Metacognition. Innovative Cognitive Therapy.	Wiley	2000	Second Edition. Handouts and Worksheets	0-471-49169-1	236 p.	Anglais		
L.071	Stephen M. Kosslyn	Better PowerPoint. Quick Fixes Based on How Your Audience Thinks.	Oxford University Press	2011	Ensemble d'articles.	978-0-19-537675-3	146 p.	Anglais		
Lf.001	Ovide Fontaine, Philippe Fontaine, i.a.	Guide clinique de thérapie comportementale et cognitive.	Retz	2006	Therapist Guide	978-2-7256-2586-7	672 p.	Français		
Lf.002	Jean-Marie Boisvert, Madeleine Beaudry	S'affirmer et communiquer	Les éditions de l'homme	2012		978-2-7619-3392-6	325 p.	Français	Self assertion	
Lf.003	Frédéric Fanget, Bernard Rouchouse	L'affirmation de soi. Une méthode de thérapie.	Odile Jacob	2013	Workbook	978-2-7381-1966-7	365 p.	Français	Self assertion	
Lf.004	David G. Kingdon, Douglas Turkington	Thérapie cognitive de la schizophrénie. Une thérapie par le dialogue et l'écoute du sujet.	De Boeck	2011		978-2-8041-6321-1	332 p.	Français	ACT	
Lf.005	Aaron T. Beck	La thérapie cognitive et les troubles émotionnels	De Boeck	2010		978-2-8041-0411-5	294 p.	Français		
Lf.006	Benjamin Schoendorff, Jana Grand, Marie-France Bolduc.	La thérapie d'acceptation et d'engagement. Guide clinique.	De Boeck	2014	Workbook	978-2-8041-6380-8	507 p.	Français	anxiety	
Lf.007	Jean-Louis Monestès, Matthieu Villatte. Préface de Stephen C. Hayes	La thérapie d'acceptation et d'engagement. ACT.	Elsevier Masson	2011	Workbook	978-2-294-71087-2	206 p.	Français	ACT	
Lf.008	Paul T. Mason, Randi Kreger	Ces gens qui sont borderline. Apprenez à composer avec les personnalités limites	Les éditions de l'homme	2010	Guide	978-2-7619-2951-6	236 p.	Français	Borderline Personality Disorder	
Lf.009	Scott Stossel	Anxiété. Les tribulations d'un angoissé chronique en quête de paix intérieure	Belfond	2016	Client Workbook	978-2-7144-5924-4	439 p.	Français	Cognitive Remediation	
Lf.010	Pr Robert Paul Liberman, Dr William J. Derisi, Dr Kim T. Mueser	Entraînement aux habiletés sociales pour les patients psychiatriques.	Retz	2015	Second Edition. Manual.	978-2-7256-2439-6	271 p.	Français	Cognitive Remediation	2
Lf.010	Michael E. Addis, Christopher R. Martell	Vaincre la dépression. Une étape à la fois.	Les éditions de l'homme	2004		978-2-7619-2667-6	238 p.	Français	Depression	
Lf.011	Michael E. Addis, Christopher R. Martell	Vaincre la dépression. Une étape à la fois.	Les éditions de l'homme	2004		978-2-7619-2667-6	238 p.	Français	Depression	
Lf.012	Steven C. Hayes, Spencer Smith	Penser moins pour être heureux. Ici et maintenant, accepter son passé, ses peurs et sa tristesse.	Eyrolles	2013		978-2-212-55530-1	283 p.	Français	Self assertion	
Lf.013	Patty Breitman, Connie Hatch	Dire non sans culpabiliser	Les éditions de l'homme	2013	Second edition.	978-2-7619-3351-3	242 p.	Français	Self assertion	
Lf.014	Michel Bozon	Pratique de l'amour	Payot	2016		978-2-228-91528-1	199 p.	Français	Self assertion	